



MENU

Breakfast

NOVEMBER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				Long John Scratch Muffin Bagel Cereal
Breakfast Bagel/Sausage Scratch Muffin Bagel Cereal	Omelet/Frittata/Toast Scratch Muffin Bagel Cereal	Breakfast Bites/Sausage Scratch Muffin Bagel Cereal	Breakfast Pizza Scratch Muffin Bagel Cereal	Breakfast Sandwich Scratch Muffin Bagel Cereal
Chocolate Crescent/Saus Scratch Muffin Bagel Cereal	French Toast/Saus Scratch Muffin Bagel Cereal	Pancake on a Stick Scratch Muffin Bagel Cereal	Breakfast Pizza Scratch Muffin Bagel Cereal	Long John Scratch Muffin Bagel Cereal
Stuffed Hashbrown/Saus Scratch Muffin Bagel Cereal	Biscuit and Gravy/Saus Scratch Muffin Bagel Cereal	Brkfst Casserole/Toast Scratch Muffin Bagel Cereal	Breakfast Pizza Scratch Muffin Bagel Cereal	Breakfast Sandwich Scratch Muffin Bagel Cereal
Breakfast Bagel Scratch Muffin Bagel Cereal	Scrambled Eggs/Toast & Sausage Scratch Muffin Bagel Cereal	Have a good weekend!		Enjoy time with your family!
			Happy Thanksgiving!	

Student Price \$1.50
Reduced Price \$.30
Adult Price \$2.15

Fruit, -canned or fresh daily
1 % or Skim White Milk daily
Juice offered daily

Yogurt Bar at HS Tuesday and Thursday

Funds may be added to your meal
account at JMC.

This Institution is an Equal
Opportunity Provider.

Menu is Subject to
Change.

